

DISCLAIMER

I HEREBY AGREE TO THE FOLLOWING TERMS AND CONDITIONS

I am participating in the Meditation, Mindfulness, Doula services and/or Yoga classes, or any other exercise and Yoga workshop programmes offered by Amrit by Bryne Boyer during which I will receive information and instruction about Yoga, Meditation, Mindfulness, physical exercise or health. I recognize that exercise requires physical exertion, which may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved. I understand that it is my responsibility to consult a physician prior to and regarding my participation in the Yoga classes offered by Amrit by Bryne Boyer. I represent and warrant that I am physically fit and I have no medical condition, which would prevent my full participation in the course or class/es I have applied to join. If I am pregnant I understand that I participate fully at my own risk and that of my unborn child/children.

A note on pregnancy: Our classes, by default, are not suitable for pregnant students. If you are pregnant and wish to participate please get in touch to discuss your options. In further consideration of being permitted to participate in the Yoga classes, health programmes or workshops, I knowingly, voluntarily and expressly waive any claim I may have against Amrit by Bryne Boyer and its instructors for injury or damages that I may sustain as a result of participating in these programmes. I understand that from time to time during Yoga classes, the instructor may physically adjust students' form and posture. If I do not want such physical adjustments, I will so inform the instructor at each class I attend. I also acknowledge that if I do wish to receive such adjustments, it is my responsibility to inform the instructor when an adjustment has gone as far as I desire at that time. In submitting the registration form I hereby take full and sole responsibility from any liability of loss or damage to personal property associated with Yoga classes or any other events.

Communicate about your health: Your teacher is available for questions and answers in person (pre or post the Yoga sessions). You are responsible for your own well-being during the class and are advised to practice at your own pace. You must inform the teacher if there have been any changes in your medical / health condition which might affect your Yoga practice. I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above under my own free will.

By completing the form you are agreeing to the Terms and Conditions in this disclaimer.

Learn more Call (205) 335-1752 or Email yoga@bryneboyer.com